

EMILY A. IMPETT

Postdoctoral Research Fellow
Institute of Personality and Social Research
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EDUCATION

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|------|-------|---|
| 2004 | Ph.D. | University of California, Los Angeles
Major Area: Social Psychology
Minor Area: Measurement and Psychometrics |
| 1999 | M.A. | University of California, Los Angeles
Major Area: Social Psychology |
| 1997 | B.S. | James Madison University, <i>Summa cum laude</i>
Major: Psychology
Minors: Women's Studies and English |

PROFESSIONAL POSITIONS

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| 2007-present | Postdoctoral Research Fellow, Institute of Personality and Social Research
University of California, Berkeley |
| 2004-2007 | Postdoctoral Research Fellow, Center for Research on Gender and Sexuality |
| 1998-2004 | Graduate Student and Teaching Assistant, Department of Psychology,
UCLA |

HONORS, AWARDS, AND FELLOWSHIPS

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| 2008 | International Association for Relationship Research Article Award (for “an article published in <i>Personal Relationships</i> or <i>Journal of Social and Personal Relationships</i> in 2005 or 2006 that has made a significant and original contribution to the study of personal relationships”) |
| 2007-present | Postdoctoral Fellowship, Institute of Personality and Social Research,
University of California, Berkeley |
| 2007 | San Francisco State University Retirement Association Travel Award |
| 2004-2006 | Postdoctoral Fellowship, Center for Research on Gender and Sexuality, San
Francisco State University |

2004	Student Research Award, Society for Sex Therapy and Research
2003-2004	Predoctoral Fellowship, Social Science Research Council Sexuality Research Fellowship Program
2003	Bertram H. Raven Award for Best Social Issues Paper in Social Psychology, UCLA
2002-2003	Graduate Research Scholarship, American Psychological Foundation/Council of Graduate Departments of Psychology
2002	Student Travel Grant, Society for Personality and Social Psychology
2000	Student Travel Grant, American Psychological Association
1999-2002	Graduate Research Fellowship, National Science Foundation
1998-1999	University Fellowship, UCLA
1997	Honors Program Scholarship, James Madison University
1997	Outstanding Psychology Undergraduate Honors Thesis, James Madison University
1997	Graduate with distinction from James Madison University Honors Program
1996	Psi Chi Undergraduate Research Award, Southeastern Psychological Association

GRANTS

2008-2010	National Institute of Child Health and Human Development, 1R03HD055377-01A2 Femininity Ideology and Adolescent Girls' Risk Behaviors Principal Investigator (\$153,000)
2008-2010	National Institute of Child Health and Human Development, 1R03HD059306-01 Self-Silencing and African-American and Latina Women's HIV Risk Principal Investigator (\$153,000)

PUBLICATIONS

*denotes graduate or undergraduate student co-author

1. **Impett, E. A.** (in press). Motivation and relationships. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.
2. **Impett, E. A., & Gordon, A.*** (in press). Sexual attraction. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.
3. Strachman, A., & **Impett, E. A.** (2009). Attachment orientations and daily condom use in dating relationships. *The Journal of Sex Research, 46*, 1-11.

4. **Impett, E. A.,** & Gordon, A.* (2008). For the good of others: Toward a positive psychology of sacrifice. In S. J. Lopez (Ed.), *Positive psychology: Exploring the best in people* (pp 79-100). Westport, CT: Greenwood Publishing.
5. **Impett, E. A.,** Gordon, A.*, & Strachman, A. (2008). Attachment and daily sexual goals: A study of dating couples. *Personal Relationships, 15*, 375-390.
6. **Impett, E. A.,** Sorsoli, L., Schooler, D., Henson, J. M., & Tolman, D. L. (2008). Relationship authenticity and girls' self-esteem across adolescence. *Developmental Psychology, 44*, 722-733.
7. **Impett, E., A.,** Strachman, A., Finkel, E. J., & Gable, S. L. (2008). Maintaining sexual desire in intimate relationships: The importance of approach goals. *Journal of Personality and Social Psychology, 94*, 808-823.
8. Schooler, D., **Impett, E. A.,** Hirschman, C.*, & Bonem, L. A.* (2008). A mixed-method analysis of body image and sexual health among adolescent boys. *American Journal of Men's Health, 2*, 322-339.
9. Hirschman, C.*, **Impett, E. A.,** & Schooler, D. (2006). Dis/embodied voices: What late adolescent girls can teach us about sexuality. *Sexuality Research and Social Policy, 3*, 8-20.
10. **Impett, E. A.,** Daubenmier, J., & Hirschman, A. L.* (2006). Minding the body: Yoga, embodiment, and well-being. *Sexuality Research and Social Policy, 3*, 39-48.
11. **Impett, E. A.,** & Peplau, L. A. (2006). 'His' and 'her' relationships?: A review of the empirical evidence. In A. Vangelisti and D. Perlman (Eds.), *Cambridge Handbook of Personal Relationships*. (pp. 273-291). New York: Cambridge University Press.
12. **Impett, E. A.,** Schooler, D, & Tolman, D. L. (2006). To be seen and not heard: Femininity ideology and adolescent girls' sexual health. *Archives of Sexual Behavior, 35*, 129-142.
13. **Impett, E. A.** & Tolman, D. L. (2006). Adolescent girls' sexual experiences and sexual satisfaction. *Journal of Adolescent Research, 6*, 628-646.
14. Tolman, D. L. **Impett, E. A.,** Tracy, A. J., & Michael, A. (2006). Looking good, sounding good: Femininity ideology and adolescent girls' mental health. *Psychology of Women Quarterly, 30*, 85-95.
15. **Impett, E. A.,** Gable, S. L., & Peplau, L. A. (2005). Giving up and giving in: The costs and benefits of daily sacrifice in intimate relationships. *Journal of Personality and Social Psychology, 89*, 327-344.
16. **Impett, E. A.,** Peplau, L. A., & Gable, S. L. (2005). Approach and avoidance sexual motivation: Implications for personal and interpersonal well-being. *Personal Relationships, 12*, 465-482.
17. Tolman, D. L., Hirschman, C., & **Impett, E. A.** (2005). There's more to the story: The place of qualitative research on female adolescent sexuality in policy making. *Sexuality Research and Social Policy, 2*, 4-17.

18. Gable, S. L., Reis, H. T., **Impett, E. A.**, & Asher, E. R. (2004). To whom do you turn when things go right? The intrapersonal and interpersonal benefits of sharing positive events. *Journal of Personality and Social Psychology*, 87, 228-245.
19. **Impett, E. A.**, & Peplau, L. A. (2003). Sexual compliance: Gender, motivational, and relationship perspectives. *Journal of Sex Research*, 40, 87-100.
20. **Impett, E. A.**, & Peplau, L. A. (2002). Why some women consent to unwanted sex with a dating partner: Insights from attachment theory. *Psychology of Women Quarterly*, 26, 359-369.
21. Beals, K. P., **Impett, E. A.**, & Peplau, L. A. (2002). Lesbians in love: Why some relationships endure and others end. *Journal of Lesbian Studies*, 6, 53-63.
22. **Impett, E. A.**, Beals, K. P., & Peplau, L. A. (Winter 2001/2002). Testing the investment model of relationship commitment and stability in a longitudinal study of married couples. *Current Psychology*, 20, 312-326.

Reprinted in N. J. Pallone (Ed.), (2003). *Love, romance, and sexual interaction: Research perspectives from Current Psychology* (pp. 163-181). New Brunswick, NJ: Transaction.
23. Malamuth, N. M., & **Impett, E. A.** (2001). Research on sex in the media: What do we know about effects on children and adolescents? In D. G. Singer & J. L. Singer (Eds.), *Handbook of Children and the Media* (pp. 269-287). Thousand Oaks, CA: Sage.

MANUSCRIPTS UNDER REVIEW

- Impett, E. A.**, & Gordon, A.* Why do people sacrifice to approach rewards versus to avoid costs? Insights from attachment theory.
- Sorsoli, L., Tolman, D. L., **Impett, E. A.**, & Hirschman, C. "True love has never been a snap:" A qualitative analysis of romance and coercion in adolescent heterosexual relationships.
- Strachman, A., Gable, S. L., Gordon, A.*, **Impett, E. A.**, Setrakian, H., & Carter, S. "I want to stay" and "I don't want to leave:" Approach and avoidance commitment goals in romantic relationships.
- Strachman, A., **Impett, E. A.**, Henson, J. M., & Pentz, M. A. Early adolescent alcohol use and sexual experience by emerging adulthood: A 10-year longitudinal investigation. Invited resubmission for *Journal of Adolescent Health*.

REVIEWS

- Impett, E. A.** & Huppin, M. (2005). When does a woman give valid consent to sexual relations? Review of Alan Wertheimer's *Consent to Sexual Relations*. *Journal of Sex Research*, 42, 273-275.

PRESENTATIONS

INVITED COLLOQUIUM PRESENTATIONS

2009	University of California, Berkeley, Psychology Department Colloquium
2008	San Francisco State University, Psychology Department Colloquium
2008	Washington University, St. Louis, Psychology Department Colloquium
2007	University of California, Berkeley, Mills Colloquium
2007	University of California, Santa Cruz, Social Psychology Colloquium
2006	University of Pennsylvania, Psychology Department Colloquium
2006	San Francisco State University, Psychology Department Colloquium
2001	University of Indiana, Bloomington, Kinsey Institute Colloquium
2000	University of California, Los Angeles, Social Psychology Colloquium

CONFERENCE PRESENTATIONS

Impett, E. A. (2009, February). Fueling the flame: Approach relationship goals and sexual desire. In K. D. Vohs & R. F. Baumeister (Chairs), *Desire and control: Situational and relationship influences on sexuality*. Symposium conducted at the Annual Meeting of the Society for Personality and Social Psychology, Tampa, Florida.

Gordon, A., **Impett, E.**, & Strachman, A. (2008, July). What's attachment got to do with it? The role of attachment in daily sexual goals. Paper presented at the annual meeting of the International Association for Relationship Research, Providence, RI.

Impett, E. A. (2007, January). The costs and benefits of sacrifice in intimate relationships. In B. Campos & S. B. Algoe (Chairs), *The rewards to be reaped: Origins and relational rewards of other-interested positive emotions and motivations*. Symposium conducted at the Annual Meeting of the Society for Personality and Social Psychology, Memphis, Tennessee.

Impett, E. A. (2005, May). Approach and avoidance sexual motives in dating relationships. Paper presented at the 2005 Western Region Annual Meeting of the Society for Scientific Study of Sexuality, San Francisco, California.

Tolman, D. L., **Impett, E. A.**, & Michael, A. (July, 2004). Masculinity ideology in adolescent girls' and boys' beliefs about heterosexuality. Paper presented at the 2004 Annual Convention of the American Psychological Association, Honolulu, Hawaii.

Impett, E. A. (2004, April). Sexual compliance: Who is doing it and why. Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, San Diego, California.

Impett, E. A. (2004, April). Sexual compliance: Gender, relationship, and motivation perspectives. Invited paper presented at the annual meeting of the Society for Sex Therapy and Research, Arlington, Virginia.

Peplau, L. A., & **Impett, E. A.** (April, 2003). Sexual compliance: Why partners make “sexual sacrifices.” Paper presented at the annual meeting of the Western Region of the Society for the Scientific Study of Sexuality, San Jose, CA.

Gable, S. L., Reis, H. T., & **Impett, E.** (August, 2002). Capitalizing on positive events: Flourishing individuals, flourishing relationships. Invited paper presented at the Positive Psychology Summer Institute, Wilmington, Delaware.

Gable, S. L., Reis, H. T., **Impett, E. A.**, & Asher, E. R. (2002, February). Capitalization: To whom do you turn when things go right? Paper presented at the Annual Meeting of the Society for Personality and Social Psychology, Savannah, GA.

Impett, E. A., & Peplau, L. A. (2000, August). Saying “yes” but thinking “no:” Consensual participation in unwanted sex. In A. S. Kahn (Chair), *Sex, unwanted sex, and sexual assault on college campuses*. Symposium conducted at the Annual Meeting of the American Psychological Association, Washington, DC.

SELECTED POSTER PRESENTATIONS

Gordon, A., **Impett, E.**, & Strachman, A. (2008, February). Attachment and daily sexual goals: A study of dating couples. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

Strachman, A., **Impett, E.**, & Gable, S. L. (2006, January). Sexual interactions from an approach and avoidance motivational perspective. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

Impett, E. A. (2002, February). Attachment, motivations for sex, and sexual communication. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Savannah, GA.

Peplau, L. A., & **Impett, E. A.** (2000, August). Keeping his interest: College women’s consensual participation in unwanted sex with a dating partner. Poster presented at the Annual Meeting of the International Society for the Study of Personal Relationships, Brisbane, Australia.

Peplau, L. A., Beals, K. P., & **Impett, E. A.** (2000, August). Commitment among lesbian and heterosexual couples: A test of the Rusbult model. Poster presented at the Annual Meeting of the International Society for the Study of Personal Relationships, Brisbane, Australia.

TEACHING EXPERIENCE

COURSE INSTRUCTOR (San Francisco State University)
Undergraduate Human Sexuality Colloquium (Fall 2006)

TEACHING ASSISTANT/ASSOCIATE (UCLA; 1999-2004)

Social Psychology
Introduction to Statistics
Personality Psychology
Close Relationships
Human Motivation
Psychology of Gender
Work Behavior of Men and Women
Pornography and Evolution

PROFESSIONAL ACTIVITIES

PROFESSIONAL AFFILIATIONS

American Psychological Association
Division 8, Society for Personality and Social Psychology
Division 35, Society for the Study of Women
American Psychological Society
International Association for Relationship Research
International Academy of Sex Research
Society for the Scientific Study of Sexuality

EDITORIAL BOARD MEMBER

Personal Relationships

AD HOC REVIEWER

Developmental Psychology
Journal of Marriage and the Family
Journal of Personality
Journal of Personality and Social Psychology
Journal of Social and Personal Relationships
Personality and Social Psychology Bulletin
Psychology of Women Quarterly
Sex Roles
Social and Personality Psychology Compass
Social Problems
The Journal of Sex Research
The Journal of Social Psychology
Women and Health